

# AFTER SCHOOL BASKETBALL

## WHITEHORSE FRIDAY YR.1 TRAIN & PLAY TERM 1 2025



Where our future stars grow

## TRAIN & PLAY

Playball will be running Train & Play in Term 1 prior to entering Regular Competition in Term 2 2025.



### The Format for Year 1 children in Term 1 2025

- A **Boys** competition and **Girls'** competition.
- 12 minutes of team training by Playball Coaches.
- Two x 12-minute halves of modified competition (7 to 9 players recommended per team)

### Train & Play includes

- No scores recorded on the scoreboard and no scoresheet
- Low ring setting of 8.5 feet.
- Start Times at 4:00, 4:45, 5:30 start.
- Modified rules – easy on violations. Coach/ Referees explain all decisions to all players.
- Bring a ball – Playball will have some spares to borrow on the night if one forgets.



**Place/ Times:** Aqualink Box Hill, Sportlink & Local School Stadiums. Rotate b/w: 4:00, 4:45, 5:30PM.

**Season:** Term 1: Friday 31-January 2025 to 4-April 2025 (10 weeks). Term 2: Friday 2 May to 27-June (9-weeks)

**Awards:** End of Term 2 - Participation Ribbon. All Teams enter regular competition from Term 2 2025.

**Team Manager:** Required by all teams. Note: Working with Children Checks are required by all Team Managers (and Coaches) who are 18 years or over. They are free to obtain [online](#).

**Cost:** Term 1: \$1090.00 per team, 10-week Term. (Term 2: \$995.00 per team. 9-weeks) Byes refunded at \$80.00. Basketball Vic Annual Player Registration & Insurance: \$29.00 per player – paid by each parent via Play-HQ portal.

**Closing date for new teams:** Sunday 15-December 2024. Team Invoice to be paid by 21-February 2025.

Please check school diaries for school functions that may require your team to request a BYE.

**Team Name:** \_\_\_\_\_ **School:** \_\_\_\_\_ **Bye date & reason:** \_\_\_\_\_

**Notes/Requests** \_\_\_\_\_

COMPLETE & RETURN BY SUNDAY 15-DECEMBER 2024

COACH & MANAGER	ADDRESS	SUBURB	P.CODE	PHONE NO'S
Team Manager:				Mobile:
Email:				
W.W Children No.:				

PLAYERS NAME	GENDER M / F	YEAR AT SCHOOL 2025
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		